

2023-2024 Session

August 13th-May 25th



Preschool Dance

Tiny Tots- 18 mo to 3 yr, Observation Required

Day	Time	Instructor
Monday	9:30-10:00 am	Lauren
Wednesday	4:40-5:10 pm	Jennifer
Friday	5:45-6:15 pm	Jennifer
Saturday	9:00-9:30 am	Jennifer
Saturday	9:30-10:00 am	Paige

Creative Dance: Ballet- ages 3 to 4

Day	Time	Instructor
Monday	10:05-10:50 am	Lauren
Monday	4:45-5:30 pm	Lauren
Tuesday	9:30-10:15 am	Jennifer
Tuesday	5:30-6:15 pm	Lauren
Tuesday	6:20-7:05 pm	Lauren
Wednesday	4:30-5:15 pm	Aimee
Friday	5:00-5:45 pm	Jennifer
Friday	6:00-6:45 pm	Michelle
Saturday	9:00-9:45 am	Michelle
Saturday	9:35-10:20 am	Jennifer
Saturday	10:00-10:45 am	Anahi

Primary Tap- ages 3 to 6

Day	Time	Instructor
Monday	5:00-5:45 pm	Steven

Dazzling Dancers: Adaptive Dance

Day	Time	Instructor	Ages
Tuesday	4:10-4:55 pm	Aimee	9 & under



Dress Code

Preschool Girls: -Hair in bun or ponytail

-So Danca brand in **Light Pink**

Dress Leotard w/ bow in the back

-style number SL120, camisole

-style number SL122, cap sleeve

Tiny Tots & Creative Dance: Ballet- Pink Ballet shoes, pink convertible or full footed tights

Creative Dance: Jazz- Tan slip on jazz shoes, tan convertible or full footed tights

Primary Tap: Form fitting attire, tights, leggings or dance shorts, and a leotard or dance top. Black tap shoes.

Preschool Boys: black or white shirt, black shorts/ pants, white socks, black ballet shoes, ballet tap shoes, black jazz shoes, etc.

Adaptive Dance: Black leotard So Danca leotard listed below, pink tights, and pink ballet shoes. Hair in bun or pony tail.

-So Danca brand in **Black**

Dress Leotard w/ bow in the back

-style number: SL120, camisole or SL122, cap sleeve

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Ages: 5-6

Primary Ballet: ages 5 to 6

Day	Time	Instructor
Monday	4:00-4:55 pm	Aimee
Monday	5:35-6:30 pm	Lauren
Tuesday	4:00-4:55 pm	Jennifer
Tuesday	6:35-7:30 pm	Steven
Thursday	5:00-5:55 pm	Lauren
Friday	5:00-5:55 pm	Michelle
Friday	6:15-7:10 pm	Jennifer
Saturday	9:50-10:45 am	Michelle
Saturday	10:50-11:45 am	Michelle
Saturday	11:25-12:20 pm	Jennifer

Contemporary 1: ages 5 & up, Ballet required

Day	Time	Instructor
Thursday	6:00-6:55 pm	Lauren

Primary Jazz: ages 5 to 6

Day	Time	Instructor
Tuesday	4:45-5:30 pm	Lauren
Saturday	10:50-11:35 am	Alyssa

Hip Hop 1: ages 5 to 6

Day	Time	Instructor
Monday	5:00-5:55 pm	Jeremy
Friday	6:00-6:55 pm	Lauren

Primary Tap- ages 3 to 6

Day	Time	Instructor
Monday	5:00-5:45 pm	Steven

Intro to Acro: ages 5 to 7

Day	Time	Instructor
Wednesday	5:00-5:55 pm	Nicole

Dazzling Dancers: Adaptive Dance

Day	Time	Instructor	Ages
Tuesday	4:10-4:55 pm	Aimee	9 & under



Dress Code

Ballet & Contemporary: Hair in bun or ponytail

-So Danca brand in Black

Dress Leotard w/ bow in the back

-style number: SL120, camisole or SL122, cap sleeve

-**Ballet:** Pink Ballet shoes, pink convertible tights

-**Contemporary:** Tan Turners, pink convertible tights

Boys: white shirt, black shorts/pants, white socks, black ballet shoes, black tap shoes, black jazz shoes, etc

Jazz: Tan slip on jazz shoes, tan convertible or full footed tights. Form fitting attire, tights, leggings or dance shorts, and a leotard or dance top.

Hip Hop: Any style top/pants and clean sneakers. Hair in ponytail. Wearing only a sports bra is not permitted.

Primary Tap: Form fitting attire, tights, leggings or dance shorts, and a leotard or dance top. Black tap shoes. Hair in ponytail.

Intro to Acro: Girls' Dress Code: Leotard and shorts. Wearing only a sports bra is not permitted. Boys: t-shirt and shorts

Adaptive Dance: Black leotard So Danca leotard, pink tights, and pink ballet shoes. Hair in bun or pony tail.

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Ballet 1 - 7

Dazzling Dancers: Adaptive Dance

Day	Time	Instructor	Ages
Tuesday	4:10-4:55 pm	Aimee	9 & under



black

Ballet 1: ages 7 to 10 recommended twice a week

Day	Time	Instructor
Monday	6:35-7:30 pm	Lauren
Tuesday	7:05-8:00 pm	Lauren
Thursday	4:15-5:10 pm	Jennifer
Thursday	5:00-5:55 pm	Adrian
Friday	7:00-7:55 pm	Lauren
Saturday	10:00-10:55 am	Paige
Saturday	11:35-12:30 pm	Adrian



Light Blue

Ballet 2: by placement only, 2 classes a week required. Choose any style for second class.

Day	Time	Instructor
Monday	4:00-4:55 pm	Jennifer
Tuesday	6:35-7:30 pm	Adrian
Wednesday	5:15-6:10 pm	Adrian
Thursday	4:50-5:45 pm	Aimee
Friday	7:15-8:10 pm	Jennifer
Saturday	10:25-11:20 am	Jennifer



Lilac

Ballet 3A & 3B: by placement only twice a week required

Day	Time	Instructor
Tuesday	5:00-6:30 pm	Aimee/Adrian
Thursday	6:00-7:30 pm	Adrian/Steven



Burgundy

Ballet 4A & 4B: by placement only twice a week required, 3 recommended

Day	Time	Instructor
Monday	5:00-6:30 pm	Aimee/Adrian
Wednesday	6:15-7:45 pm	Aimee/Adrian
Saturday*	9:00-10:30 am	Adrian



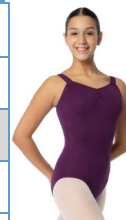
Tropic Green

*Open Ballet

Instructors are subject to change. Gray shaded classes are full.

Ballet 5: by placement only twice a week required, 3 recommended

Day	Time	Instructor	Level
Monday*	6:35-8:00 pm	Adrian/Aimee	5 - 6
Wednesday	5:15-6:45 pm	Michelle	5 - 7
Thursday	6:50-8:20 pm	Laura	5
Saturday	9:00-10:30 am	Adrian	Open
Sunday	10:00-11:30 am	Adrian	Open

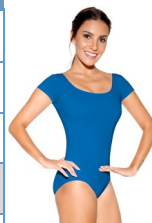


Dark Purple

*dancers wear pointe shoes in class

Ballet 6 & 7: by placement only, three times a week required, 4+ recommended

Day	Time	Instructor	Level
Monday*	6:35-8:00 pm	Adrian/Aimee	7
Monday*	6:35-8:00 pm	Adrian/Aimee	5 - 6
Wednesday	5:15-6:45 pm	Michelle	5 - 7
Thursday	5:15-6:45 pm	Laura	6 - 7
Saturday	9:00-10:30 am	Adrian	Open
Sunday	10:00-11:30 am	Adrian	Open



Celestine Blue
both 6's & 7's

*dancers wear pointe shoes in class

Ballet Dress Code

Ballet Girls: Hair in bun, short hair in ponytail, no necklaces, bracelets, watches, etc.

So Danca brand Leotards: see levels for required color

Child/Adult style numbers: SL03/SL02 camisole, SL11/SL10 wide straps, SL13/SL12 cap sleeve, Adaptive Dance can wear style with or without skirt, if preferred.

Pink Ballet shoes, pink convertible tights, no skirts or shorts

Boys Ballet: black or white t-shirt, black shorts/pants/tights, white socks, black ballet shoes

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Contemporary: ballet required

Level	Day	Time	Instructor	Requirements
1	Thur	6:00-6:55 pm	Lauren	Primary or Ballet 1
2	Wed	6:15-7:10 pm	Steven	Ballet 2
3	Tue	6:35-7:30 pm	Aimee	Ballet 3
4	Wed	5:15-6:10 pm	Aimee	Ballet 4
5	Thur	5:50-6:45 pm	Aimee	Ballet 5
6-7	Mon	8:05-9:15 pm	Jack	Ballet 6 - 7

Jazz:

Level	Day	Time	Instructor	Requirements
Primary	Tue	4:45-5:30 pm	Lauren	Ages 5 - 6
Primary	Sat	10:50-11:35 am	Anahi	Ages 5 - 6
1	Tue	4:30-5:25 pm	Steven	Ages 7 - 8
2	Tue	5:35-6:30 pm	Steven	Ages 8 & up
3	Thur	7:30-8:25 pm	Steven	Approval Only
4	Mon	6:35-7:30 pm	Steven	Approval Only

Tap:

Level	Day	Time	Instructor	Requirements
Primary	Mon	5:00-5:45 pm	Steven	Ages 3 - 6
1	Wed	5:15-6:10 pm	Steven	Ages 5 - 8
2	Mon	7:35-8:30 pm	Steven	Approval Only
3-4	Thur	5:00-5:55 pm	Steven	Approval Only

Hip Hop:

Level	Day	Time	Instructor	Requirements
1	Mon	5:00-5:55 pm	Jeremy	Ages 5 - 8
1	Fri	6:00-6:55 pm	Lauren	Ages 5 - 8
2	Mon	6:00-6:55 pm	Jeremy	Ages 8 - 12
3	Mon	7:00-7:55 pm	Jeremy	Ages 12 - 17

Acro for Dancers: Tumbling

Level	Day	Time	Instructor	Requirements
Intro	Wed	5:15-6:10 pm	Nicole	Ages 5 - 7
1	Wed	6:15-7:10 pm	Nicole	Ages 7 & up
2	Wed	7:15-8:10 pm	Nicole	Approval Only

Leaps & Turns:

Class	Day	Time	Instructor	Requirements
Beg/Inter	Mon	7:35-8:30 pm	Lauren	Ages 6 & up
Beg/Inter	Sat	9:00-9:55 am	Anahi	Ages 6 & up

Drill Team Prep:

Class	Day	Time	Instructor	Requirements
Drill Team Jazz	Thur	7:00-7:55 pm	Lauren	Ages 11 & up

Pointe: by placement only

Level	Day	Time	Instructor
Pre-Pointe	Wed	7:50-8:35 pm	Michelle/Aimee
Beginner	Wed	7:50-8:35 pm	Michelle/Aimee
Intermediate	Wed	6:50-7:45 pm	Michelle
Advanced	Thur	6:50-7:45 pm	Aimee

Dress Code

Contemporary: Same So Danca Leotard as ballet, hair in bun, levels 1-4: Tan Turners, pink convertible tights, levels 5-7: bare foot or socks

Jazz: Tan slip on jazz shoes, tan convertible or full footed tights. Form fitting attire, tights, leggings or dance shorts, and a leotard or dance top. Wearing only a sports bra is not permitted.

Hip Hop: Any style top/pants and clean sneakers. Hair in ponytail. Wearing only a sports bra is not permitted.

Primary Tap: Form fitting attire, tights, leggings or dance shorts, and a leotard or dance top. Black tap shoes. Hair in ponytail.

Acro: Girls' Dress Code: Leotard and shorts. Wearing only a sports bra is not permitted. Boys: t-shirt and shorts

Instructors are subject to change. Gray shaded classes are full.

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Adult, Teen, and Open Classes

Ballet: Adult and Teen, ages 16 and up

Level	Day	Time	Instructor	Requirements
Beginner: Teen/Adult	Mon	8:05-9:00 pm	Adrian	New to Ballet, no experience needed, 13 & up
Beginner: Teen/Adult	Sat	10:35-11:30 am	Adrian	New to Ballet, no experience needed, 13 & up
Intermediate	Wed	7:50-9:20 pm	Adrian	More than 2 years of ballet
Inter./Adv.	Tue	7:35-9:05 pm	Adrian	More than 3 years of ballet
Advanced	Thur	7:30-9:00 pm	Adrian	More than 4 years of ballet
Open	Sat	9:00-10:30 am	Adrian	Open to all Levels
Open	Sun	10:00-11:30 am	Adrian	Open to all Levels

Tap: Adult

Day	Time	Instructor	Requirements
Tues	7:35-8:30 pm	Steven	No experience needed

Instructors are subject to change.

Dress Code

All Adult Classes:

Wear anything you can comfortably move in. Form fitting shirt/tank, leggings, or leotard and tights. Hair pulled up.

Ballet: Ballet shoes

Tap: Tap shoes

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Pre-Professional Division

By Invite/Audition Only. Advanced Ballet Dancers.
Must take all classes below according to Level Placement

Pre-Pro I

Day	Time	Class	Instructor
Monday	6:35-8:00 pm	Ballet Technique on Pointe 7	Aimee/Adrian
Monday	8:05-9:15 pm	Contemporary 6 - 7	Jack
Tuesday	5:00-6:30 pm	Pre-Pro Ballet Technique	Michelle
Tuesday	6:30-7:15 pm	Pre-Pro Repertoire	Michelle
Wednesday	5:15-6:45 pm	Ballet Technique 5 - 7	Michelle
Wednesday	6:50-7:45 pm	Pointe Technique	Michelle
Thursday	5:15-6:45 pm	Ballet Technique 6 - 7	Laura
Thursday	6:50-7:45 pm	Pointe Technique	Aimee



Dress Code

Hair in bun, short hair in ponytail, no necklaces, bracelets, watches, etc.

So Danca brand Leotard in Black:

Child/Adult style numbers: SL03/
SL02 camisole, SL11/SL10 wide
straps, SL13/SL12 cap sleeve

Pink Ballet shoes, pink pointe shoes,
pink convertible tights, no skirts or
shorts

Need: Flat Pancake practice tutu

Contemporary: dance socks or bare
feet

Pre-Pro II

Day	Time	Class	Instructor
Monday	6:35-8:00 pm	Ballet Technique on Pointe 5- 6	Aimee/Adrian
Monday	8:05-9:15 pm	Contemporary 6 - 7	Jack
Tuesday	5:00-6:30 pm	Pre-Pro Ballet Technique	Michelle
Tuesday	6:30-7:15 pm	Pre-Pro Repertoire	Michelle
Wednesday	5:15-6:45 pm	Ballet Technique 5 - 7	Michelle
Wednesday	6:50-7:45 pm	Pointe Technique	Michelle
Thursday	5:15-6:45 pm	Ballet Technique 5 - 7	Laura
Thursday	6:50-7:45 pm	Pointe Technique	Aimee

Additional Classes Available

Day	Time	Class	Instructor
Saturday	9:00-10:30 am	Open Ballet	Adrian
Sunday	10:00-11:30 am	Open Ballet	Adrian

Instructors are subject to change. Gray shaded classes are full.